



# Blood Drive

**Saturday March 23, 2019**

**9am-12:30pm -YLP Clubhouse**

**Hosted by Ladies of the Lakes Women's Club**

Your donations are so important and appreciated.

The Central Valley Blood Bank needs all blood types; it is easy to do and only takes about an hour of your time. Give Blood and Save a Life!

Be sure to hydrate well and eat prior to giving blood. Please sit in our resting area after your donation and enjoy the beverages and snacks provided by LOL prior to leaving.



Ladies of the Lakes Women's Club is a 501 c 3 non-profit

[www.ladiesofthelakes.net](http://www.ladiesofthelakes.net)